

Majestic Kathmandu City Retreat – 5 Nights / 6 Days

Package Code: NSTT-KTMEX-06

Type of Itinerary: *Domestic Cultural | Heritage + Spiritual + Urban Exploration*

Organized by: *Naulo Suman Tour & Travels*

Start/End Point: Tribhuvan International Airport, Kathmandu

Tour Summary

This 6-day **exclusive Kathmandu experience** offers a curated journey into the heart of **Nepal's ancient heritage, living traditions, spiritual mysticism, and modern-day city charm**. Perfect for families, spiritual seekers, photographers, history buffs, and urban explorers alike.

From **UNESCO World Heritage Sites** and sacred temples to artisan villages and bustling marketplaces — this itinerary offers the **perfect balance of culture, leisure, and exploration**, with premium service and personalization.

Day-by-Day Detailed Itinerary

Day 1: Arrival in Kathmandu – Warm Welcome & Cultural Introduction

- Arrival at **Tribhuvan International Airport** and warm reception by our representative.
- Transfer to your hotel in **Thamel** or **Lazimpat**, with welcome drinks and check-in assistance.
- Evening leisure walk in Thamel – soak in the music, shops, cafes, and vibrant atmosphere.
- Optional: Attend a **Nepali cultural dinner show** with traditional folk dances (extra cost).

Overnight Stay: Kathmandu

Meals Included: Breakfast

Day 2: Full-Day Kathmandu Heritage Sightseeing (UNESCO World Heritage Sites)

- After breakfast, embark on a full-day guided heritage tour:
 - **ॐ Pashupatinath Temple** – the most sacred Hindu shrine dedicated to Lord Shiva, located by the holy Bagmati River.

-  **Boudhanath Stupa** – one of the world’s largest stupas, a center of Tibetan Buddhism and serenity.
-  **Kathmandu Durbar Square** – explore palaces, temples, courtyards, and the residence of the **Living Goddess Kumari**.
-  **Swayambhunath Stupa (Monkey Temple)** – perched on a hilltop with panoramic views of the city and valleys.
- Optional: Evening visit to **Garden of Dreams** for a quiet retreat.

Overnight Stay: Kathmandu

Meals Included: Breakfast

Day 3: Bhaktapur & Patan – Ancient Kingdoms & Artisan Culture

- Today, discover the rich architectural legacy of the ancient **Malla kingdoms**:
 -  **Bhaktapur Durbar Square** – a living museum of medieval Nepal: 55-Window Palace, Vatsala Temple, Nyatapola Pagoda.
 -  Stroll through **Pottery Square** and see artisans at work with clay and ceramics.
 -  Enjoy local snacks like Juju Dhau (King Yogurt) and Bara.
- Afternoon:
 -  **Patan Durbar Square** – blend of Hindu and Buddhist influences, home to the exquisite **Krishna Mandir** and **Patan Museum**.
 - Visit local **metalwork and stone-carving workshops**.

Overnight Stay: Kathmandu

Meals Included: Breakfast

Day 4: Chandragiri Hills Cable Car & Local Village Walk

- Post breakfast, drive to **Chandragiri Hills**:
 - Ride the **cable car** to the top (2,500 m) for breathtaking views of the entire Kathmandu Valley and the **Himalayan range**, including Mt. Everest (on clear days).
 - Visit **Bhaleshwor Mahadev Temple** – linked to Lord Shiva’s mythology.

- Leisure time at the hilltop with cafes and panoramic viewpoints.
- Optional: Short hike or walk in **Matatirtha or Thankot village** for rural Nepali life experience.

Overnight Stay: Kathmandu

Meals Included: Breakfast



Day 5: Spiritual Immersion & Local Encounters

- Begin your day with a **morning spiritual meditation** or **yoga session** (optional, at local centre). **(DON'T PUT)**
- Explore hidden gems of Kathmandu:
 - **Kirtipur** – a lesser-visited ancient town with temples, old Newari houses, and calm vibes.
 - **Pharping Monasteries** – home to Tibetan Buddhist teachings and sacred caves.
 - Visit a local **Thangka painting school** or **incense workshop** to learn about Himalayan crafts.
- Late afternoon: Return to the city for last-minute shopping or café visits.

Overnight Stay: Kathmandu

Meals Included: Breakfast



Day 6: Departure from Kathmandu – Farewell with Blessings

- Breakfast and relaxed morning.
- Depending on your flight time, optional stop at:
 - **Sankhu or Budhanilkantha Temple** (Sleeping Vishnu)
 - Handicraft & tea shops for souvenirs
- Transfer to **Tribhuvan International Airport** for your onward journey with blessings and memories.



Tour Concludes – Thank you for choosing Naulo Suman Tour & Travels!

Meals Included: Breakfast

Package Inclusions

- 5 Nights' accommodation in well-rated hotels (3-star or as preferred)
 - Daily breakfast at hotel
 - Airport pick-up and drop-off
 - All transfers & sightseeing by private vehicle with driver
 - All entrance fees to monuments as per itinerary
 - Local licensed city guide for sightseeing days
 - Bottled water during excursions
 - All applicable taxes & government permits
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Exclusions

- International flight tickets
- Lunch and dinner
- Personal expenses (shopping, laundry, tips)
- Travel insurance
- Any items not mentioned in "Inclusions"